

# COMMUNITY LEARNING AND SKILLS

## Useful numbers and contacts

### Careers

**National Careers Service:** 0800 100 900 [www.nationalcareers.service.gov.uk](http://www.nationalcareers.service.gov.uk)  
(7 days a week 8am-10pm - free call back to mobile users)

For information and advice about learning and work choices – online, over the phone and to make an appointment for local, face to face advice.

### Learning Providers

**Adult College for Rural East Sussex:** 01825 761820 [www.acreslearning.org.uk](http://www.acreslearning.org.uk)

**Bexley College:** 020 3954 4000 [www.lsec.ac.uk/locations/bexley](http://www.lsec.ac.uk/locations/bexley)

**Bromley College:** 020 3954 4000 [www.lsec.ac.uk/locations/bromley](http://www.lsec.ac.uk/locations/bromley)

**Canterbury Christ Church University:** 01227 928000 [www.canterbury.ac.uk](http://www.canterbury.ac.uk)

**Canterbury College:** 01227 811111 [www.ekcgroup.ac.uk/colleges/canterbury-college](http://www.ekcgroup.ac.uk/colleges/canterbury-college)

**East Kent College:** 01843 605040 [www.ekcgroup.ac.uk](http://www.ekcgroup.ac.uk)

**Hadlow College:** 01732 850551 [www.hadlow.ac.uk](http://www.hadlow.ac.uk)

**Kent Adult Education:** 03000 412222 [www.kentadulthoodeducation.co.uk](http://www.kentadulthoodeducation.co.uk)

**Kent Training and Apprenticeships:** 0800 731 4297

[www.kenttrainingandapprenticeships.co.uk](http://www.kenttrainingandapprenticeships.co.uk)

**Learn Direct:** 01202 006464 [www.learndirect.com](http://www.learndirect.com)

**Medway Adult Education:** 01634 338400 [www.medwayadulthoodeducation.co.uk](http://www.medwayadulthoodeducation.co.uk)

**Mid-Kent College:** 01634 402020 [www.midkent.ac.uk](http://www.midkent.ac.uk)

**North Kent College:** 01322 629400 [www.northkent.ac.uk](http://www.northkent.ac.uk)

**University College for the Creative Arts:** 01252 918291 [www.uca.ac.uk](http://www.uca.ac.uk)

**University of Greenwich:** 020 8331 9000 [www.gre.ac.uk](http://www.gre.ac.uk)

**Workers Educational Association (WEA):** 0300 3033464 [www.wea.org.uk](http://www.wea.org.uk)

### Mental Health Support

**Release the pressure:** [www.kent.gov.uk/social-care-and-health/health/release-the-pressure](http://www.kent.gov.uk/social-care-and-health/health/release-the-pressure)

# COMMUNITY LEARNING AND SKILLS

## Drugs and Alcohol

Cornerstone Maidstone Drug & Alcohol Information: 01622 690944

Drinkline: 020 7766 9900 [www.drinkaware.co.uk](http://www.drinkaware.co.uk)

FRANK: 0300 1236600 [www.talktofrank.com](http://www.talktofrank.com)

Kent Drug & Alcohol Action Team: 01622 221676 [www.kdaat.co.uk](http://www.kdaat.co.uk)

Kenward Trust: 01622 814 187 [www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk)

Lifeline: 0808 808 8000 [www.lifelinehelpline.info](http://www.lifelinehelpline.info)

Narcotics Anonymous: 0300 999 1212 [www.ukna.org](http://www.ukna.org)

We Are With You (Drugs and Alcohol Support): [www.wearewithyou.org.uk](http://www.wearewithyou.org.uk)

## Sexual Health

Sexual health Kent: [www.kent.gov.uk/social-care-and-health/health/sexual-health](http://www.kent.gov.uk/social-care-and-health/health/sexual-health)

Terence Higgins Trust: 0808 802 1221 [www.tht.org.uk](http://www.tht.org.uk)

## Pregnancy

NHS Pregnancy Service: [www.nhs.uk/conditions/pregnancy-and-baby](http://www.nhs.uk/conditions/pregnancy-and-baby)

Parentline: 0808 800 2222 [www.familylives.org.uk](http://www.familylives.org.uk)

## Smoking

NHS Smoke Free: 0300 123 1044 [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree) or contact your local GP

## Other Useful Numbers

Apprenticeships: [www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

British Dyslexia Association: 0333 405 4555 [www.bdadyslexia.org.uk/contact](http://www.bdadyslexia.org.uk/contact)

Bullying – Parent Line Plus: 0808 800 2222

[www.familylives.org.uk/about/press/bullying-uk-merges-withparentline-plus](http://www.familylives.org.uk/about/press/bullying-uk-merges-withparentline-plus)

CAB Debtline: 0800 144 8848 [www.citizensadvice.org.uk/debt-and-money](http://www.citizensadvice.org.uk/debt-and-money)

Citizens Advice Bureau: 0800 144 8848 [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

Childline: 0800 1111 [www.childline.org.uk](http://www.childline.org.uk)

Education and Skills Funding Agency

[www.gov.uk/government/organisations/education-and-skills-funding-agency](http://www.gov.uk/government/organisations/education-and-skills-funding-agency)

Free Legal Advice: 0845 3454345 [www.gov.uk/civil-legal-advice](http://www.gov.uk/civil-legal-advice)

Job Centre Plus: 0800 1690190 [www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)

Kent Association for the Blind: 01622 691 357 [www.kab.org.uk](http://www.kab.org.uk)

Kent Association of Further Education Colleges: [www.kentfurthereducation.org](http://www.kentfurthereducation.org)

# COMMUNITY LEARNING AND SKILLS

Kent Association of Training Organisations: 01622 625930 [www.kato-training.org.uk](http://www.kato-training.org.uk)

Kent – CXK: 01233 224 244 [info@cxk.org](mailto:info@cxk.org) [www.cxk.org](http://www.cxk.org)

Kent Integrated Adolescent Support Service:

[www.kelsi.org.uk/support-for-children-and-young-people](http://www.kelsi.org.uk/support-for-children-and-young-people)

Kent Jobs: [www.kentjobs.co.uk](http://www.kentjobs.co.uk)

Maths and English: 03000 414025 [www.kentadulthoodeducation.co.uk](http://www.kentadulthoodeducation.co.uk)

National Debtline: 0808 808 4000 [www.nationaldebtline.org](http://www.nationaldebtline.org)

National Domestic Abuse Helpline (Refuge): 0808 2000 247

[www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)

National Missing Persons Helpline: 116 000 [www.missingpeople.org.uk](http://www.missingpeople.org.uk)

Runaway Helpline: 116 000 [www.runawayhelpline.org.uk](http://www.runawayhelpline.org.uk)

Shelters Free Housing Advice Helpline: 0808 800 4444 [www.england.shelter.org.uk](http://www.england.shelter.org.uk)

The Samaritans: 116123 [www.samaritans.org](http://www.samaritans.org)

Universal Jobmatch: [www.findajob.dwp.gov.uk](http://www.findajob.dwp.gov.uk)

Victim Support: 0808 168 9111 [www.victimsupport.org.uk](http://www.victimsupport.org.uk)

ENIC: [www.enic.org.uk](http://www.enic.org.uk)

If you have international qualifications, you might need to show an employer what this means. You can apply for a Statement of Comparability which states, in English, what your overseas qualifications equate to in the UK. For certain jobs, this is essential.

## Volunteering

[www.do-it.life](http://www.do-it.life)

## Work and employment

[www.gov.uk/jobsearch](http://www.gov.uk/jobsearch)

[www.jobsinkent.com](http://www.jobsinkent.com)

[www.kentjobs.co.uk](http://www.kentjobs.co.uk)

[www.indeed.co.uk/jobs-in-Kent](http://www.indeed.co.uk/jobs-in-Kent)

[www.reed.co.uk/jobs/kent](http://www.reed.co.uk/jobs/kent)

[www.newappointmentsgroup.co.uk](http://www.newappointmentsgroup.co.uk)

[www.jobs24.co.uk](http://www.jobs24.co.uk)

[www.totaljobs.com](http://www.totaljobs.com)

[www.gov.uk/disclosure-barring-service-check/overview](http://www.gov.uk/disclosure-barring-service-check/overview)

